

BULLETIN

of the
**MAHONING COUNTY
MEDICAL SOCIETY**

Volume XLIV

Number 8

NOVEMBER, 1979





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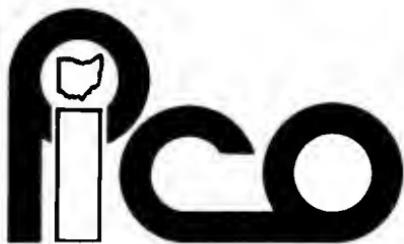
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MAHONING COUNTY MEDICAL SOCIETY MEETINGS — 1979

| Tuesday | Tuesday | Tuesday | Tuesday | Saturday | Tuesday |
|---------|---------|---------|----------|----------|---------|
| Jan. 16 | Mar. 20 | May 22 | Sept. 18 | Nov. 10 | Dec. 18 |



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Cover: "Lady"

Photo by Laura Anderson, daughter of
 J. James Anderson, M.D.

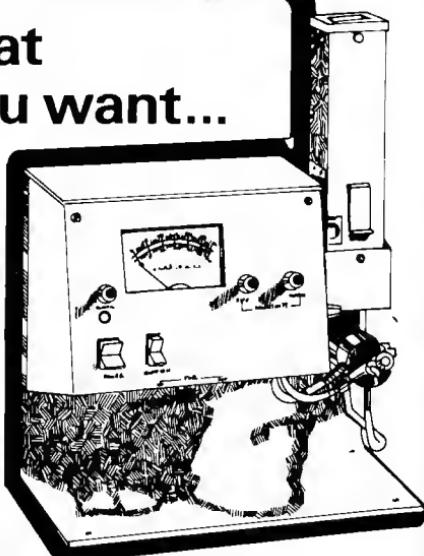
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OCTOBER, 1979



Number 7

The opinions and conclusions expressed herein do not necessarily represent the views of the Editorial staff nor the official views of the Mahoning County Medical Society.

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James A. Lambert, M.D.

Jack Schreiber, M.D.

Editorial

CONTINUING MEDICAL EDUCATION (CME) AND RECERTIFICATION

Beginning January, 1980 for the first time in history, practicing physicians in Ohio have to show evidence of adequate credit hours of Continuing Medical Education (CME) for renewal of license to practice.

Undoubtedly, in the era of public accountability, with rapid advances in biomedical knowledge, it is vital for every physician to study throughout his professional life. If education made a physician competent in the first place, then continuing medical education should make for continuing competence.

Patients want the doctor to care for themselves as well as their illness. A competent physician must have current, scientific, cognitive, knowledge, problem-solving skills to use the knowledge and excellent performance in actual treatment.

There is much to be learned about learning processes. How does a stream of information go through our mind (brain) with most of the important ingredients retained, reprocessed and sparked into new forms of ideas and knowledge? How do the brain cells and fibers handle all the knowledge that goes through them? Where to store it and why sometimes we lose track of them. As man goes into the space age, we simply have to learn faster and more efficiently. There are indeed many ways to improve upon effectiveness of different CME programs as we learn more about how to learn more efficiently.

Recertification is ultimately linked with CME. If CME paved the way to update physicians knowledge and skills, then recertification is the implied "Good Housekeeping Seal" of professional competence. In 1976 the American Board of Family Practice made mandatory its members recertification every six years. This is the only group, as of today. Meanwhile other specialty boards have instituted voluntary recertification and have set target dates.

Recently the grass root Ophthalmologists have rejected setting a date for recertification even though the American Board of Ophthalmology is the first specialty board established in this land. Recertification is by no means without reservation among a large segment of physicians, and the arguments

have been many: The important, fine tone of patient care, many skills, accessibility, availability, acceptability, affordability, and continuity. These cannot be measured with the present method of certification. Also, it is foreseeable that Federal and State governments will likely restrict reimbursement of services to patients under government sponsored programs, to the individual provider with proper certification. Hospitals could insist on up-to-date credentials as a requirement for continuous staff membership and privileges. It could also influence the final outcome in malpractice court as evidence of professional competence; besides many other side effects which could affect our profession.

—H. S. Michael Wang, M.W.
Editor

MEDICAL TOUR TO CHINA

A Medical-Dental tour to China is being arranged — departure date is Sept. 17, 1980, returning Oct. 9, with 17 days in China and 3 days in Hong Kong. Departure will be from Youngstown. There are only 24 reservations available. For further information, contact Dr. Harold Chevlen. Reservations must be made prior to Jan. 1, 1980.

CORRECTION

In the editorial, "National Health Insurance," which appeared on page 147 of the Oct., 1979 *Bulletin*, there was an error in a quoted figure. The sentence read: In 1975, the U.S. Health Interview Survey reported that only 28% of those surveyed rated their level of medical care as "poor." The figure of 28% was wrong. It should read "only 2.8% of those surveyed rated their level of medical care as "poor." This is a significant difference.

How to pass a disability income problem on to an insurance company.

If you become disabled, your earning power could be interrupted. Maybe for a long time. But your everyday expenses might well continue.

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The Youngstown Health Department is distributing Pneumonia and Influenza vaccine furnished by the Ohio Department of Health. The restrictions are as follows:

1. No physician may charge for the vaccine which is distributed free.
2. Pneumonia vaccine is intended for use of elderly and high risk patients in nursing homes, rest homes and homes for the aged.
3. Influenza vaccine is intended for high risk patients of all age groups.

Call the Youngstown Health Department for more information or to order vaccine. Telephone 746-1892, Ext. 312.

—Robert G. Hewitt
Health Educator
Youngstown Board of Health

SYNERGY AVAILABLE TO PUBLIC

The OSMA patient publication, *Synergy*, will be offered to the general public on a subscription basis. The decision to offer subscriptions comes in response to increasing inquiries from the public for copies of the publication.

Consumer education is an important part of the OSMA overall public relations efforts. One of the most important aspects of consumer education has been SYNERGY, which is sent to all physician members each month. It contains factual, solid health education information provided by Ohio physicians to Ohio patients.

To assist in this promotional effort, the OSMA is asking physicians to place placards, which include subscription blanks, in their office waiting areas. For further information, blanks and placards, contact Rebecca J. Doll, Director, Department of Communications, Ohio State Medical Association, 600 South High St., Columbus, Ohio 43215.

DIABETES ESSAY CONTEST

We are holding Diabetic Essay Competition under the auspices of the American Diabetes Association, Mahoning Valley Chapter.

For whom: 1. Junior and Senior Doctors
2. R.N./L.P.N./Student Nurses
3. Office girl in the doctors offices

Topic: Diabetic Review Article
Patient Education Article in Relation to Diabetes

Prizes: Doctors — \$250.00
Nurses — \$100.00
Office girls — \$ 50.00

Deadline: Jan. 1, 1980

The article should be neatly typewritten and should reach us at:
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The decision of the panel of Judges will be final.

—S. K. Mishr, M.D., President
Mahoning Valley Diabetes Assn.



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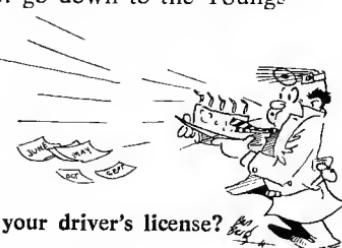
Lois Moss, Manager

NO MCMS MEETING ON NOV. 20TH

The regular November meeting of the Mahoning County Medical Society was held on Saturday, Nov. 10th, in order to accomodate the speaker, Sen. Harry Meshel. Therefore, there will be no meeting on the originally scheduled date of Tuesday, Nov. 20th. Please do *not* go down to the Youngstown Club that night expecting a meeting.

HAPPY BIRTHDAY

Get your annual check-up • Is it time to renew your driver's license?



| | | |
|--|---|--|
| Nov. 16 | Nov. 25 | Dec. 4 |
| F. J. Kocab S. M. Kalavsky | V. Holonko G. J. Nigam T. Firdaus | H. J. W. Marcella C. A. Hixson |
| Nov. 17 | Nov. 26 | Dec. 9 |
| J. J. Turner F. R. Pruitt | S. V. Squicquero R. R. Rich R. W. Colla | E. E. Einfalt Y. Amorn |
| Nov. 18 | Nov. 27 | Dec. 10 |
| H. N. Bennett F. R. D'Amato H. T. Deramo | R. V. Bruchs | H. L. Shorr B. M. Bowman |
| Nov. 19 | Nov. 28 | Dec. 12 |
| L. E. Slusher G. Klebanoff | C. H. Weidenmier | W. R. Johnson H. A. Parris P. P. Zafirides |
| Nov. 21 | Nov. 30 | Dec. 13 |
| G. D. Sangvai | S. E. Tochтенhagen | E. A. Shorten |
| Nov. 22 | Dec. 1 | Dec. 14 |
| G. D. Fry | D. R. Bernat | J. L. Solana |
| Nov. 23 | Dec. 2 | Dec. 15 |
| E. U. Sevilla | C. A. McReynolds | F. G. Kravec S. G. Adornato |
| Nov. 24 | Dec. 3 | |
| C. S. Lowendorf | C. F. Wagner | |

52 DAYS LEFT FOR CME

Most physicians should have turned in their 150 CME credits to the Ohio State Medical Board by now, but there are still 52 days, counting from Nov. 10 to Dec. 31 in which to finish up the necessary continuing medical education hours and send them in to the Ohio State Medical Board. Those neglecting this will not have a license to practice medicine, as of Jan. 1, 1980.

The address of the Medical Board is: 180 E. Broad St., Suite 1006, Columbus, Ohio 43215.

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CANCER SYMPOSIUMS HELD

Dr. Anthony Billelt, president of the Mahoning County Unit of the American Cancer Society has announced that four fall professional cancer symposiums have been made available to physicians throughout the Mahoning Valley. 1. "Cancer in Children and Adolescents - Diagnosis, Treatment and Follow-Up", Thursday, October 4, 1979 at Medical Science Building, Kresge Auditorium, Cincinnati, Ohio. 2. "Symposium on Breast Cancer" - Saturday, October 13, 1979 at Bond Court Hotel, Cleveland, Ohio. 3. "New Perspectives in Cancer" - Sunday, November 11, 1979 at Fawcett Center for Tomorrow, 2400 Olentangy River Road, Columbus, Ohio. 4. "Symposium on Ovarian Cancer" - Wednesday, November 14, 1979 at Kent State University Student Center, Kent, Ohio.

ANNUAL MEETING IS DEC. 18

The Annual Meeting of the Mahoning County Medical Society will be held at the Youngstown Club on Tuesday, Dec. 18th. At that meeting, Dr. Joe Yut, new Sixth District Councilor, will be present to make the 50-year awards for the Ohio State Medical Association. Being honored this year are: Dr. Brack M. Bowman, Dr. William D. McElroy, Dr. John Noll and Dr. L. H. Moyer.

Also being honored will be the "Doctor of the Year" selected by the Nominating Committee from letters of recommendation sent in by the members.

The main business of the evening will be election of officers for 1980. Sorry, no wives nor guests are invited to this meeting. The dinner will be at 6:30 p.m. and the meeting should begin shortly after 7:30. All members are urged to attend.

ARTHRITIS EDUCATIONAL PROGRAM

The Ohio Arthritis Care and Education Program is currently offering the following program activities:

1. A one month mini-resident fellowship for physicians having established practice in family medicine, internal medicine, pediatrics, and/or orthopedics. The deadline for applying is November 15, 1979. If accepted, the applicant will be expected to complete the program by June 30, 1980.

The course will consist of four weeks (20 eight-hour days) of instruction with at least one week (and preferably two weeks) taken as an integral unit. The remaining 10-15 days of the training must be completed within six months of the starting date, arranged with the teaching institution.

Reimbursement of up to a maximum of \$1,000 per physician is available for the entire program to compensate for actual travel, lodging or meal expenses.

This program has been certified for 50 hours of Category I Credit by the OSMA. Also, an Osteopath is eligible to receive 160 hours of Category 2-D credit, which is granted on an hour-for-hour basis.

2. TEACHING SITE VISITS

Four one-day teaching site visits are offered by a comprehensive team of arthritis care specialists from various participating institutions, to interested medical facilities in Northeastern Ohio. Our objective is to reach the broadest possible population with a comprehensive team approach concerning diagnosis, treatment, and rehabilitation of patients with arthritis.

These visits are provided by the Ohio Arthritis Care and Education program and are available through June 30, 1980. No fees are required from participating institutions.

For further information and applications, contact Paula L. Petlowany, Assistant Project Director, The Arthritis Care and Education Program, 11416 Bellflower, Cleveland, Ohio 44106, (216) 791-1310.



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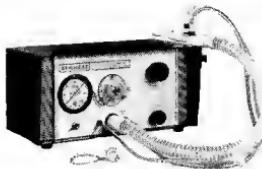
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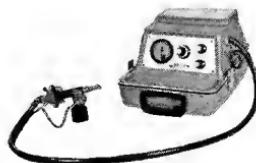


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From the Bulletin

FORTY YEARS AGO — NOVEMBER 1939

President Skipp gave thanks for the observance of the Code of Ethics which had produced such a fine standard of conduct among our members. He wrote "Ethics may be of two kinds, those we practice and those we preach. Our Society has narrowed this distinction to the vanishing point. Rights of brother practitioners are recognized and respected. Innuendoes by action or word of mouth do not lay ground work for malpractice suits. Fee splitting is unknown in the relationship of family doctor and specialist." Forty years later, let us take care to keep it that way.

THIRTY YEARS AGO — NOVEMBER 1949

President McCann urged everyone to support the Community Chest. That is a good idea today.

Health Commissioner Tims was promoting a rat control program. When they closed the city dump all the rats moved into the adjacent neighborhood.

TWENTY YEARS AGO — NOVEMBER 1959

C. A. Gustafson was honored at the Sixth District Assembly dinner for his faithful service as Councilor for six years.

In a poll of the members, 84.6% of those who replied were in favor of Social Security for Physicians.

There was a bonanza of new members that month. Here are the names: Active Membership: Ernest Eugene Alvin, Ching Chi Chen, Henry S. Ellison, Curtis J. Fisher, Harry W. Haverland, Allen Howard Holt, John Arthur Hyland, Winifred Liu Mutschmann, Joseph W. Tandatnick, Samuel F. Petraglia, Julius Nemeth. Associate Membership: John Thomas Martin, Nicholas B. Salisteau, Jr. Active Membership: James Edward Might, Charles Howard Norchi, Jr., Richard Roland, Joseph H. Sloss, Stanford R. Weiss. Non-Resident Membership: S. E. Tochtenhagen. Intern-Resident Membership: Harold John Hassel, John Joseph McCague, Jr., Donald James McSurdy, John Charles Melnick Nejdat Mulla, Daniel T. Pompey, May Jay Spencer.

Donald M. Rothrock and Michael J. Sunday were made Honorary Members in recognition of their outstanding service to the community.

TEN YEARS AGO — NOVEMBER 1969

Plans were being laid for a program of mass Rubella vaccination of school children in Mahoning County. Dr. Kurt Wegner was chairman for the campaign. Dr. Wegner also managed the Polio campaign of 1961-62 and the Measles campaign of 1967.

Diabetes Week was again managed by the Medical Auxiliary under chair-woman Mrs. Jose Gonzalez, assisted by Dr. Sanford Gaylord for the Medical Society. Free diabetes tests were performed in the physicians' offices, and drug samples were collected for the World Relief Program.

Speaker for the November meeting of the Society was Dr. Robert Dluhy of Peter Bent Brigham Hospital who spoke on Primary Aldosteronism.

The feasibility study for a medical school in Youngstown was completed by Booz Allen and Hamilton and, of course, indicated that such a medical school would be feasible, in spite of Governor Rhodes public statements to the contrary.

New active members that month were Dr. Robert Gilliland and Dr. Ronald Roth. New Associate Members were Dr. Bruce Lipton, Dr. Lawrence M. Pass, Dr. Felix A. Pesa and Dr. Sarah Yacono.

Office space for lease was being offered by Dr. Friedrich, Dr. Detesco, and Dr. Sidney Keyes.

—Robert R. Fisher, M.D.

PROCEEDINGS OF COUNCIL

October 9, 1979

The regular meeting of the council of the Mahoning County Medical Society was held on Tuesday, Oct. 9, 1979 at the Youngstown Club.

The following applications for membership were presented by the censors:

ASSOCIATE: Vincent Lawrence Hennessy, M.D.
Khalid Iqbal, M.B.B.S.
Amarjeet S. Nagpaul, M.B.B.S.
Anil Choudary Nalluri, M.B.B.S.
Frank Anthony Rich, D.O.

The applications were approved. Applicants will become members of the Mahoning County Medical Society 15 days after publication in the *Bulletin*, unless objection is filed in writing with the secretary before that time.

A letter from the Tri-County Spina Bifida Assn., addressed to the Trumbull County Medical Society, with a carbon to the Mahoning County Medical Society, was read. The letter concerned a particular case in Trumbull County. The motion was made, seconded and duly passed that we answer the letter, with a carbon copy to Trumbull County. Dr. Klebanoff will frame the response.

The resident applications were given to Dr. Wiltsic for the purpose of getting each application signed by the resident.

A letter from the American Medical Student Association was read, requesting financial assistance for their Fall Workshop. The motion was made, seconded and duly passed that we do as we have done in the past two years — make a contribution for \$25 for their Workshop.

Dr. Anderson, chief delegate, asked if there were any questions to be brought before the Sixth District meeting at Warren on Oct. 17th. A number of suggestions were made, mainly addressed to the OSMA representative who will be there, including the president, Dr. Morgan.

A letter was read from Robert E. Hopkins, pastor of Slope Congregational Church, Hubbard. The letter was concerned mainly with alleged problems in the signing of death certificates. The motion was made, seconded, and duly passed that a letter be sent stating our agreement that death certificates should be handled expeditiously. Dr. Klebanoff will write a letter.

The chairman appointed Dr. Tandatnick to investigate area provisions for cremation and report to the next meeting.

Dr. Anderson reported on the progress of the lawsuit. Dr. Anderson was requested to write a report to the membership in general.

A budget for 1980 was presented by the Budget Committee. The motion was made, seconded and duly passed that the budget be accepted. The Budget Committee made three recommendations: (1) that a \$200 bonus be paid Mrs. Belsan for carrying the Medical Society office during Mr. Rempe's illness; (2) that a list of hospital residents be sent to the membership and that members be encouraged individually to sponsor one or more residents as a member of OSMA, and that the resident be informed but the name of the sponsor not be published; and (3) a dues raise in 1981 is inevitable. The motion was made, seconded and duly passed that the recommendations be accepted.

TOLL FREE CANCER NUMBER

OSMA is cooperating with the OSU Comprehensive Cancer Center in publicizing the newly-developed Ohio Cancer Information Service. This is a toll-free telephone system to answer the public's questions. The number in Ohio is 1-800-282-6522.

NEWS NOTES

Catching up with some of the news through the summer months, the *Bulletin* reporter notes the following:

Dr. Nathan D. Belinky, Mahoning County coroner has been reappointed to the advisory board of the International Association of Coroners and Medical Examiners.

Dr. Ravinder Nath became a diplomate of the American Board of Internal Medicine.

Dr. Simon W. Chiasson has been chosen president-elect of the American Society of Clinical Hypnosis.

Dr. A. Ghani was appointed director of surgical education at Youngstown Hospital Association.

Dr. Armin V. Banez was among four vice presidents elected at a meeting of the International Academy of Proctology.

Dr. William R. Finch was appointed chairman of the newly chartered Youngstown branch of the Arthritis Foundation, formed in June.

Dr. Robert A. Wiltsie was elected chairman of the board of trustees of the Mahoning-Shenango Area Health Education Network. He succeeds Dr. Leonard P. Caccamo.

Dr. Suman Kumar Mishr was elected president of the Mahoning Valley Chapter of the American Diabetes Association. Dr. Paul D. Bunn was named to the education committee.

VNA CELEBRATES 75TH

The Visiting Nurse Association of the Greater Youngstown Area is celebrating its 75th anniversary. While taking on this new name, the goals remain the same: quality home health services, skilled nursing, physical therapy, speech pathology, home health aide, and special programs such as high risk maternity-nurse specialist, Hine Memorial caseworker, geriatric nurse counselor aid liaison nurse.

The VNA of GYA is located at 519 East Indianola Ave., Youngstown, Ohio 44502. Phone 782-8169.

Classified Advertising

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5670 Lamplighter Drive. Magnificent 2-story contemporary-style home in prestigious Logan Arms on 2 acres of beautiful land. Spacious living and dining rooms, with cathedral ceilings. Master bed room suite with library on 1st floor. 4 full baths. Elevator. 3-car garage. For the successful professional who enjoys the ultimate. Over \$300,000.

Shown by appointment only

Jacqueline Bibo, Liberty Realty
Ph: 759-2101 (office) 744-8675 (home)

FOR SALE IN HISTORIC CANFIELD

5060 Leffingwell Rd. Imaginative original design tri-level contemporary home on 4 secluded acres. Rough-sawn cedar inside and out. 3-4 bed rooms, 2 fire places, built-ins throughout, decks on each level overlooking the woods. Totally private. \$160,000.

Shown by appointment only

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INVESTMENT OPPORTUNITY

Tennis club for sale or lease, on 52 prime acres. First rate quality construction and materials throughout. 6 indoor courts (2 air-conditioned). Premium Boltex carpeting. 4 outdoor courts, Laykold surface. Sauna, game-room, party-room. Ideal for expansion into total recreational complex including Racquet Ball, Health Club, Swimming Pool, etc.

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POSITION WANTED

Ambitious individual with two years of Diploma Nursing education desires a position with Youngstown-area physician. Would prefer medical assisting duties.

Phone 747-3529 or 1-654-5640

USE THE CLASSIFIEDS



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| Years: | Age 25 | Age 35 | Age 45 |
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| 11-15 | 14.00 | 22.39 | 37.62 |
| 16-20 | 20.99 | 33.58 | 56.43 |
| 21 plus | 31.49 | 50.37 | 84.65 |

Example: Age 35 Male Years:

| | |
|---------|------------------------------------|
| 1-5 | Original Face Amount \$ 50,000 |
| | Annual Premium \$ 522.50 |
| 6-10 | Face Amount Increases to \$ 62,500 |
| | Annual Premium \$ 771.50 |
| 11-15 | Face Amount Increases to \$ 75,000 |
| | Annual Premium \$1,144.50 |
| 16-20 | Face Amount Increases to \$ 87,500 |
| | Annual Premium \$1,704.00 |
| 21 plus | Face Amount Increases to \$100,000 |
| | Annual Premium \$2,543.50 |

The *Lifestyle Protector* is available only from PICO Life. Write or call for the name of the PICO Life agent in your area.



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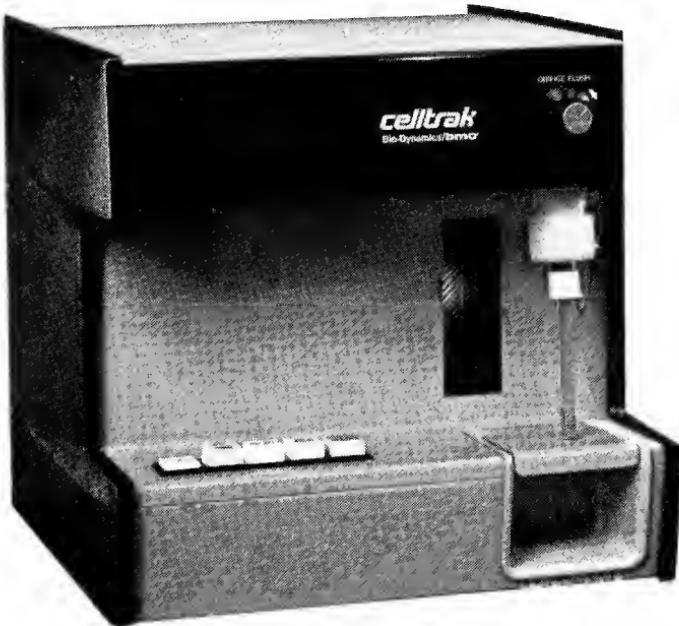
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"THE PHYSICIAN IS A DECISION MAKER, AND ALMOST EVERY DECISION HE MAKES COSTS OR SAVES MONEY."

—Dr. William Felts, Past President,
American Society of Internal Medicine



More and more physicians today are beginning to realize the extent of the economic influence they have, and are finding ways of holding costs down.

A number of studies show that the more physicians *know* about costs, the more they try to *reduce* them.* And this reduction can be done without reducing the quality of care to the patient.

How are they doing this? As a start they have become thoroughly familiar with the costs they incur on behalf of their patients. They know how much an X-ray costs, how much their

hospital charges for routine lab tests. They're requesting copies of patients' hospital bills. And asking their hospitals to print the charges for diagnostic tests right on the order sheet.

What else are physicians doing? Minimizing their patients' hospital stays, whenever possible. Reevaluating routine admissions procedures. Questioning the real need of the diagnostic tests they order for their patients. Avoiding duplicate testing. Trying to discourage their patients' demands for unnecessary medication, treatment or hospitalization. Compiling daily logs of their medical decisions and what they cost. And more.

More physicians today realize what a tough problem we're all faced with. They know this is a challenge for medicine. And that physicians are in the best position to deal with and solve the problem.

*PATIENT CARE Magazine—Outlook 1972 "Fare Off Cost Containment vs Chaos" January 1, 1972

Lyle CB et al "Practice habits in a group of eight internists" ANNALS OF INTERNAL MEDICINE 84 (May 1976) 594-601

Schroeder SA et al "Use of laboratory tests and pharmaceuticals: variation among physicians and effect of cost audit on subsequent use" JOURNAL OF THE AMERICAN MEDICAL ASSOCIATION 225 (Aug 20, 1973) 969-73



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